

---

## GLENVIEW ANNOUNCEMENTS

---

SECTIONS



ADVERTISEMENT

SPORTS   GLENVIEW   SUBURBS

---

# Maine East setter Erika Christiansen playing well after year off

---

By **HEATHER RULE**  
PIONEER PRESS | SEP 16, 2016



---

### TOP NEWS VIDEOS

U.S. Stimulus Negotiations Drag Amid Renewed Finger-Pointing

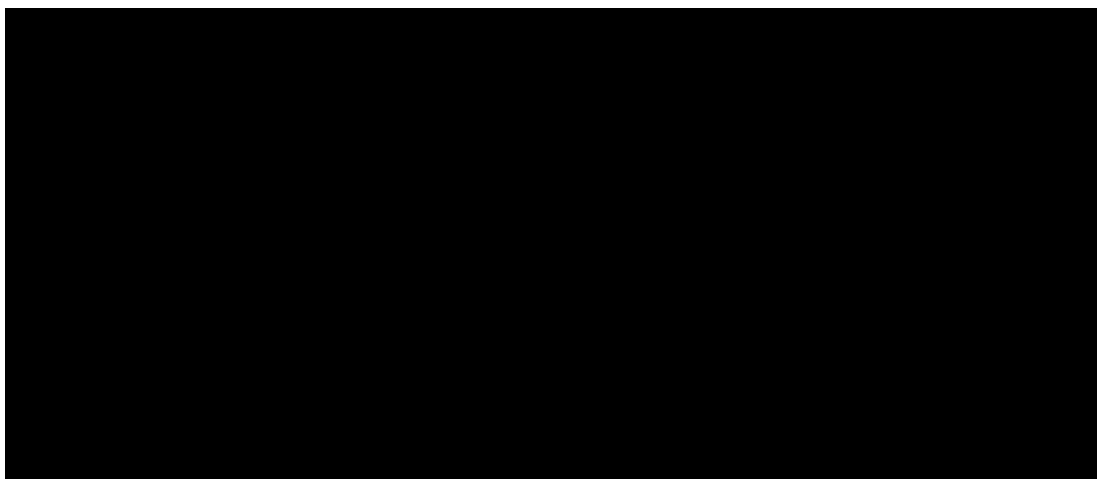
One of the Maine East girls volleyball team's top returning players actually didn't play last season. Erika Christiansen was sidelined with a cast on her left wrist. Now she's back.

"I think she feels 100 percent," said Kevin Bohn, the Blue Demons' first-year head coach who was a varsity assistant last year. "She's ready to go."

ADVERTISING

SECTIONS

[New puzzles & games!](#)  
Play Now



While the injury was initially diagnosed as a sprain, the wrist still hurt at tryouts last fall. An MRI revealed a wrist fracture, leaving Christiansen in a cast for the season.

Her promising sophomore season as a varsity starting setter was over before she even played a point.

"To be a sophomore on varsity is an extremely great opportunity," Christiansen said. "And to just miss that for one injury that's been dragged out so long, it's really difficult for me."

[\[Most read\] It will be a soggy, possibly snowy weekend in Chicago. But first, there's an opportunity to see the northern lights in northern Illinois. »](#)

She'd go to the doctor after the MRI and expect to hear she could play but would instead be told "two more weeks, three more weeks," Christiansen said.

She worked with a trainer, primarily doing lower-body workouts, and never missed a practice or match last season. She jumped right into the club season last November.

"It feels really great to be back," said Christiansen, now a junior co-captain.

The Blue Demons (4-2 through Sunday, Sept. 11) have had a pretty successful year so far, according to Bohn, but they're looking for a little more consistency in their overall play. Still, he added that his team, with only three returning players, is quickly picking up what it needs to do to win at the varsity level.

"Overall, I think with us being a junior-heavy team and them getting used to the pace of a varsity match, I think we're doing OK," Bohn said.

[\[Most read\] Second stimulus check updates: Lawmakers act to avert a government shutdown, buying time for COVID relief talks »](#)

With Christiansen back, she's already left her mark on the court and in the locker room as a go-to player. She's one of the primary setters and one of the most-skilled players on the team, Bohn said. She does it all from passing to hitting in the front row and even sending a "really aggressive serve over the net," Bohn said.

"She's done a tremendous job in the setter's role," Bohn said. "I think it shows her level of commitment for the girls to recognize how dedicated she is by voting her as one of our captains."

Senior co-captain Maria Skoufos said Christiansen stepped up and is always trying to help her team.

"It's like she never even took a year off," Skoufos said. "She's back at it."

## LATEST SPORTS

---

Winter high school sports still in limbo as IHSA pushes off decision until December

NOV 19, 2020

---

Winter high school sports 'put on hold' by Gov. Pritzker and Illinois Department of Public Health

OCT 27, 2020

---

Barrington's Ian Bouchard ends golf season with playoff hole victory; Lake Forest wins third sectional in four years

OCT 18, 2020

---

Roll with it: Loyola's Spencer Werner, Maine South's Matt Coyle shine in impromptu cross country dual after COVID-19 forces bigger meet's cancellation

OCT 4, 2020

---

Youth hockey in Illinois has been frozen by COVID-19 restrictions. Some parents say it's time for a thaw.

SEP 26, 2020

Bohn, Christiansen and Skoufos all mentioned the three-set victory over Niles West on Wednesday, Aug. 31, as a memorable match so far in this young season. The Blue Demons came back after losing the first game to win 20-25, 25-21, 25-20.

[\[Most read\] The Chicago Bears attended Deshaun Watson's pro day in 2017 — but that was about it. Why didn't they show more interest in the QB? »](#)

Christiansen, a Morton Grove resident who plans to play volleyball at Concordia University Wisconsin, recorded four blocks, 11 assists and three kills in the win.

*Heather Rule is a freelance reporter for Pioneer Press.*

*Twitter @hhrule*

Topics: [Niles](#), [Sports](#)

---

## Michael Oher Tells A Whole Different Story About 'The Blind Side'

GAMEDAY NEWS | SPONSORED

## 6 Credit Cards You Should Not Ignore If You Have Excellent Credit

NERDWALLET | SPONSORED

## Teen Offers To Carry Man's Groceries For Food, Had No Idea Who He Was Approaching

HOOCH | SPONSORED

If You Can Qualify for Any Credit Card, These Are the Top 6



America's 24 Most Charming Small Towns

NO RUGGLES SPONSORED



 CHICAGO TRIBUNE

MSNBC anchor Stephanie Ruhle 'sick and scared' after she, husband and kids tested positive for COVID

 CHICAGO TRIBUNE

Column: Donald Trump's suicide warning is a sign of his privilege, and most Americans can't relate  
By **DALE GIBSON**

 NY DAILY NEWS

## Athletes bare all for ESPN Body Issue

## Dad Takes Photo Of Kid With Matthew Broderick, Failing To Notice Who's In The Background

BRIDESBLUSH | SPONSORED

## Political news got you down? Stephen can help you with that.

CBS.COM | SPONSORED

 CHICAGO TRIBUNE

Ask Amy: Daughter wants distance after wedding nightmare

 CHICAGO TRIBUNE

Englewood couple tortured to death a disabled man who paid them to help him, prosecutors say  
By **AMY DANKINSON**

## You May Like

Sponsored Links by Taboola

### They Drained Niagara Falls — They Weren't Prepared For This Sickening Discovery

Unleashed Finance

### Offensive Yards: 20 Worst NFL Stadiums Ranked

Gameday News

### Last Call: Restaurant Chains Closing In 2020

Factable

# James Bond Ranked: Every 007 Movie, From Most To Least Profitable

Forbes.com

ADVERTISEMENT

## CONNECT



## TRIBUNE PUBLISHING

New York Daily News

Orlando Sentinel

The Morning Call of Pa.

Daily Press of Va.

The Daily Meal

The Baltimore Sun

Sun Sentinel of Fla.

Hartford Courant

The Virginian-Pilot

BestReviews

## COMPANY INFO

Careers

Privacy Policy

Archives

Coupons

Manage Web Notifications

FAQ

Media kit

About us

Terms of Service

Contact us

Local print ads

TAG disclosure

Chicago Tribune Store