

WestRidge Theatre • 218-736-1206

Located in the WestRidge Mall, Fergus Falls • www.cectheatres.com • Shows & show times are subject to change without notice

MOVIE SCHEDULE DEC 25- JAN 1	GRUDGE MATCH (PG13)	1:00, 4:20, 7:00, 9:30
	WALKING DINOSAURS 2D (PG)	12:20, 2:30, 7:15
	WALKING DINOSAURS 3D (PG)	4:40, 9:25
	FROZEN 2D (PG)	12:35, 2:45, 5:00, 7:10, 9:20
	HOBBIT: THE DESOLATION OF SMAUG 2D (PG13)	12:15, 4:15, 7:35
	ANCHORMAN 2 (PG13)	12:45, 4:25, 6:55, 9:30

Box office open daily:
Mon-Thurs 4-8; pm Fri 4-10 pm
Sat/Sun/Mon Noon-10 pm
• General Evening \$8
• General Matinee \$6.50
• Children 3-12, always \$6
• Seniors 62+, always \$6
• Additional \$2.25 for 3D

Top state employees in line for raises

Associated Press

ST. PAUL — Some Minnesota state workers who have been stuck under a salary cap for 15 years may finally be in line for raises.

at \$120,303 since 1998. The St. Paul Pioneer Press reported on Tuesday that many could get raises because of the Legislature's vote this year to increase salaries for the governor and agency commissioners.

only earn a percentage of the governor's salary, meaning their salaries in most cases topped out at about \$110,000. And all but a few exempt employees were not able to earn more than the head of the agency where they work.

some state executives said that made it increasingly hard to compete for top talent with both the private sector and even other levels of government, particularly after a 2005 law change that let Minnesota cities and counties pay considerably higher salaries for some positions.

Church: National event first gathering of its kind

From Page 1

generation of women to live out their purpose." That theme jibed with what Rostad and Vigesaa have been looking for in their lives and in the Fergus Falls community.

have spent many days together the past few months, planning the IF:Fergus Falls event over countless cups of coffee for Rostad (Vigesaa is not a fan).

is real, then what?" Such a question opens the group up to people at different levels of religious practice and belief, which Rostad said is more than welcome.

the next step for the group will be, the two women are happy to have found a partner in spreading their message in the city.

"As a woman, it's really hard sometimes to know what your role is in service," Vigesaa said. "I think the mission behind this is to equip women to live out their purpose in their community."

One of the main ideas of the IF:Fergus Falls chapter is to bring women together from different churches. Rostad is a member at Life Church, while Vigesaa attends the First Church of the Nazarene.

"We want women to come together and be able to just enjoy each other, talk to each other and get to know each other," she said.

"We echo each other's hearts quite a bit in this," Rostad said. "It's pretty cool."

Vigesaa first presented the idea of a local IF chapter to a local pastor.

Vigesaa said it can be difficult for people to get outside the walls of their own church and hopes this simulcast will give people a chance to meet new people.

So far, Rostad said about 75 women have expressed some level of interest, whether in person or on the Facebook event.

The simulcast will air all aspects of the IFGathering in Austin live in the school gym. It is scheduled to begin at 1 p.m. Feb. 7 and end at 5 p.m. Feb. 8.

Just a few days later, Rostad met with that same pastor to discuss her desire to bring women together.

Another key component of IF is bringing women of different backgrounds together according to Rostad. In fact, IF gets its name from the question, "If God

Neither Rostad nor Vigesaa are exactly sure what to expect from the event, given it is the first national event of IF and the first gathering of any kind for the Fergus Falls group.

There will be a \$20 fee for two meals during the simulcast. Rostad said the women are looking to close online signups by Feb. 1 and are hopeful to have women sign up as soon as possible.

Naturally, the pastor put the two in touch and they hit it off immediately. They

of the question, "If God

But no matter how many women come out or what

Women can register at www.iffergusfalls.org

Suicide: Majority of time police able to intervene

From Page 1

cally, males commit suicide more often than females."

people coming in dealing with suicidal issues. In the 18 years she's done therapy, "it didn't come up that often." But she's now noticed an uptick.

suicide the 10th leading cause of death for Americans.

sue, that's a sign that something is wrong.

Law enforcement responds to calls on a weekly basis from concerned family members or friends regarding loved ones who may be suicidal. Residents can call 911 if they're concerned, and law enforcement will conduct a welfare check on the person in question and often take them to a doctor. Welfare check calls have gone up this year, according to McGuire.

One thing that's quite common when it comes to welfare checks is someone will see suicidal comments posted on social media and report that to law enforcement, according to McGuire.

Though the numbers may look grim, there is hope. Communities can help with awareness and looking out for ways to help those who may be suicidal by getting them professional help, making sure they're not alone and taking away their access to firearms or other means of committing suicide.

"They get to a point where the psychological pain that they have is just so overwhelming that it gives them a tunnel vision," Sandahl said. "They want an end to the pain. You feel completely hopeless, where you cannot see any other option."

"We get those calls regularly, several a week, county wide," he said. "The majority of the time we're able to intervene."

In 2010 (the most recent year for which data are available), Minnesota's suicide rate was 11.4, according to the Centers for Disease Control and Prevention data. The suicide rate expresses the number of suicide deaths that occur for every 100,000 people in the population for which the rate is reported. Nationwide, 38,364 suicides were reported in 2010, making

If people are talking about being dead or making suicidal comments, it's important to take it seriously and follow up, Sandahl said. If you're not up to listening or trying to help that person on your own, seek out a professional. Most people have a fear of death, she said, and for someone to be in so much pain that that fear is no longer an is-

Emotions can be overwhelming, but Sandahl works with people to try and change how they think about their feelings.

Birder: Hobby has given Millard immense knowledge

From Page 1

Millard maintain's the modesty of an amateur hobbyist. While he doesn't hold a degree in ornithology, his years in the field has given him an immense knowledge on the subject and contributed to the study of birds in the state.

The thrill of birding has brought Millard around the country as well. He's traveled as far as Florida and Arizona and even made a trip to Texas, one of the country's birding hotspots. He started chasing rarities in the late 70s, but mainly sticks to his state and county lists today.

continues his spirit. "I think it's extremely important," he said. "(Kids) are going to carry on the outdoor legacy. And it doesn't just have to be birding. Fishing and hunting are really important too, along with nature study in general."

rewarding experience, all from the simple desire to know a little bit more about the world.

"I hesitate to call myself an expert because you're always learning and you don't know everything," he said. "I think it's one of these deals where the more you learn the more you realize you don't know."

The interest he developed as a young boy still drives much of the work he puts towards local birding, but the importance of passing on the important study of birds to a new generation

As an ambassador for the activity, Millard also enjoys educating interested locals. While he can't guarantee the same success he's had over the years, Millard said the hobby brings a number of lasting friendships and

ing."



When you are ready to make your move, remember... Call Doc or Dan for your next move!

Mohagen Real Estate, Inc.
The Key to Great Service
Sue 218-731-7376 • Dan 218-205-7222
www.mohagenrealestate.com

Off The Beaten Path? Yes
Out of Touch? Not Any More!

Now you can have high speed wireless internet even in your rural area!

GREAT COVERAGE, EXCELLENT CUSTOMER SERVICE, REASONABLE RATES, AND ONLINE BILL PAY.

Now offering Tech Support and Business IT Services

BRADCO-WISP, INC.
218-998-3396
www.bradcowisp.com



Cover your dreams ...

We're here for you 24/7 to help make your dreams come true. Ask us about our farm insurance!

Call or visit us
Arneson Agency
109 W Lincoln Ave | Fergus Falls
218-736-5693 | www.arnesonagency.com

WELLS FARGO ADVISORS

Are you in control of your retirement savings?

If your changed job or have benefited client preferences...
• Understanding of investment your goals
• Greater flexibility in managing your savings
• Variety of investment options
• Investment solutions that meet your complete financial picture

Stephane Sandahl
Financial Advisor
218-736-5100
Stephane.Sandahl@wellsfargo.com

Extended care... What's your strategy?

You may think you'll never need extended care. And you may be right. But what would happen to your family if you were wrong?

Extended care can affect your family members:
• Emotionally, as they juggle time between you and their families.
• Financially, especially if they are your caregivers.
• Financially, by depleting your savings and their inheritance.

A strategy for your care could be the best gift you can ever give your family. Contact us today to learn more.

We're proud to offer one of the...
Thrivent Financial for Lutherans
Let's thrive!
27769 104-13 663632

'Tis the season... for savings from Auto-Owners Insurance. Ask how you can be eligible for a multi-policy discount!

Auto-Owners Insurance

SECURITY INSURANCE AGENCY
128 E. Washington Ave., Fergus Falls, MN

Andrew Olson
Beth Dorn

Merry Christmas

During this holiday season and every day of the year, we wish you all the best.

Marcus Mader
Financial Advisor
1100 N. Dakota
Fergus Falls, MN
(218) 736-6180 or (262) 736-0829

Gail Childs
Financial Advisor
1204 E. Lincoln Ave., Suite D
Fergus Falls, MN
(218) 998-6188 or (262) 314-8882

Mike Alt
Financial Advisor
1100 N. Dakota
Fergus Falls, MN
(218) 736-6180 or (262) 736-0829

Brian Votmsdal
Financial Advisor
802 Parkside Ln.
Fergus Falls, MN
(218) 736-6180 or (262) 736-0829

Stephan Vigesaa
Financial Advisor
202 W. Lincoln Ave.
Fergus Falls, MN
(218) 736-5726 or (262) 736-5726

Edward Jones
Member SIPC of FINRA