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MOVIE SCHEDULE	HUNGER GAMES: CATCHING FIRE (PG13)	Wed. 4:15, 7:30	Thur-Sun 12:30, 4:15, 7:30	Mon-Thu 4:15, 7:30
	FROZEN 2D (PG)	Wed. 7:10	Thur-Sun 12:20, 2:30, 7:10	Mon-Thu 7:10
NOV. 27-	FROZEN 3D (PG)	Wed. 4:40	Thur-Sun 4:40, 9:25	Mon-Thu 4:40
	THOR 2D (PG13)	Wed. 4:15, 7:00	Thur-Sun 1:15, 4:15, 7:00, 9:25	Mon-Thu 4:15, 7:00
DEC. 5	FROZEN 2D (PG)	Wed. 5:00	Thur-Sun 12:35, 2:45, 5:00	Mon-Thu 5:00
	HUNGER GAMES: CATCHING FIRE (PG13)	Wed. 7:45	Thur-Sun 7:45	Mon-Thu 7:45
	DELIVERY MAN (PG13)	Wed. 4:45, 7:00	Thur-Sun 12:15, 2:30, 4:45, 7:00, 9:20	Mon-Thu 4:45, 7:00

CEC Theatres
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Box office open daily:
Mon-Thurs 4-8; pm Fri 4-10 pm
Sat/Sun Noon-10 pm

- General Evening \$8
- General Matinee \$6.50
- Children 3-12, always \$6
- Seniors 62+, always \$6
- Additional \$2.25 for 3D

Local artist pays it forward

By Heather Rule
Daily Journal

Naomi Schliesman received more than a signed receipt from a customer she waited on back in August at Mabel Murphy's. Left at the table was a \$100 bill with a couple of notes, with the hope that Schliesman would also "pay it forward," just like the customer had done.

The server just stood there for a few moments and looked at the notes and cash.

"And then my stomach started to turn, and I started to tear up," Schliesman said. "It totally made my night."

Indeed, she followed the hope of the customer's note and turned the \$100 into \$682 to establish the Ramona Lehman Scholarship for the Kaddatz Gallery. The scholarship is meant for families with kids ages kindergarten through 12th grade who can't afford to pay for the classes the Kaddatz offers. Schliesman teaches some of the workshops, which range from painting to print making to sculptures.

As Schliesman pondered how she could pay it forward, her answer came the very next day as she taught a kale painting workshop for the Kaddatz at Concerts in the Park. Kids painted with the vegetable when Schliesman noticed a little girl

standing off to the side just watching.

"And I said, 'you know, sweetie, why don't you come and paint with us?'" Schliesman said. "She said, 'no, I don't have any money.'"

Once Schliesman told her it was free, the girl started painting away. Her mother also came running up and indicated she couldn't pay for the art project, and once again Schliesman mentioned it was free.

"That little girl did two paintings," Schliesman said. "She was like a beam of sunshine. That's when it just hit me. It all fell into place. It was like it was meant to be."

She wanted to create a scholarship fund so all kids can participate in art workshops, regardless of financial situation. She sees what a great arts community this is in Fergus Falls, and she wants to create more opportunities for kids to be part of that.

Once she had her idea in mind, the original \$100 grew with donations from her friends and family. Schliesman also plans to donate all her Mabel Murphy's tips one night a month to the scholarship. Donations are also being accepted online at <http://givemn.razoo.com/story/Pay-It-Forward-With-Naomi>

The whole pay it forward



Photo provided

Local artist Naomi Schliesman leads an art workshop for kids. Schliesman is paying it forward with the creation of a scholarship so all kids will be able to participate in art workshops at the Kaddatz Gallery.

situation reminded Schliesman of her grandmother, Ramona Lehman, so she decided to name the scholarship after her. Lehman was the oldest of 16 kids and always gave back to others. She died when Schliesman was 17.

"I got to watch her when I was a little girl growing up," Schliesman said. "She had always been a huge influence for me."

Growing up in Fergus Falls, Schliesman played volleyball and took lots of art classes.

"I know the benefits of both," Schliesman said. "I want to have art accessible to

all children of all ages. I just want people to know that this is something I believe in."

Workshops at the Kaddatz range in cost from \$15 to \$150 per child, according to Gretchen Boyum, curator at Kaddatz.

They get requests from people asking about financial help for classes, so the need is there, Boyum said. She was glad to hear about Schliesman's pay-it-forward idea.

"I thought it was great of her to step up and say that she was going to do this," Boyum said. "I think she could definitely see the

need."

She knows that arts have seen cuts in schools, but art is something that helps kids become critical thinkers, she said.

Once you give people the confidence and ability to think outside the box, it also boosts their self esteem, she said, and gives kids another outlet for them to learn.

And it all started with a couple of notes: "In loving memory of Dylan Crosby 5/26/86 to 8/18/12. One of the most generous people ever known. 'One day I will tip my waitress \$100.' Always pay it forward."

The customer passed along the original note to Schliesman, along with this note: "3 guys sat in my section Sunday afternoon and left me this note and \$100 per person in cash (\$300). Now I am leaving you \$100 of it hoping you'll 'pay it forward' some day too!"

"I felt even honored that this woman trusted me to do this," Schliesman said. "I'm very happy that this happened to me. I've always been looking for something where I can give back to the community. I just really believe in what the Kaddatz is doing."

22-year-old man missing from Anoka area

Associated Press

ST. PAUL — Anoka County sheriff's officials are investigating the disappearance of a 22-year-old man.

The Minnesota Bureau of Criminal Apprehension issued a missing-person alert Saturday for Kevin Casserly, of Anoka, according to the St. Paul Pioneer Press.

Casserly called his mom Nov. 11 saying he had the flu and had called in sick to work. Anoka County Sheriff's Office Detective Mike Schantzen said he was last seen the next day in the Anoka area but couldn't give other details.

"We have no indication he is deceased," he said

Sunday. "We have no indication he is alive. We are still trying to put the pieces together as to what happened."

The BCA said Kevin Casserly's car was found in Anoka, which his sister Alexandra Casserly said was at a location not far from his apartment. She said police told her the keys were not in the car.

Officials: At least 17 wolves killed in Mich. hunt

LANSING — Michigan authorities say at least 17 wolves have been killed in the Upper Peninsula during the state's first wolf hunt in

decades.

The state Department of Natural Resources says the latest count is through 6 a.m. EST Sunday.

It says four wolves were killed in the far western U.P., 10 in central counties and three in the eastern U.P.

The wolf season started on Nov. 15 and runs through December, unless 43 are killed before the end of the year.

It's the first hunt in Michigan since the wolf was placed on the endangered species list nearly 40 years ago.

Twelve-hundred people are licensed to participate with firearm, crossbow or bow and arrow.

The DNR had estimated the state's wolf population at 658.

LOCAL MARKETS

LOCAL GRAIN

Monday, Dec. 2

Corn	3.93
Soybeans	12.86
Wht. Mill	6.62

LOCAL HOGS

Monday, Dec. 2

Butchers 50% lean \$56; Sows: \$58 to \$62; Boars: Call 736-5464 for price.

OTC FSA PRICES

Monday, Dec. 2

Corn	3.95
Barley	3.05
Oats	3.85
HRS	6.24
HRW	6.71
Sun (Oil)	19.27
Soybeans	12.81

Vietnamese Bilingual Work From Home Telephone Data Collectors

Westat has immediate openings for Vietnamese Bilingual Home-based Telephone Data Collectors. Candidates must be able to work 15-40 hours per week (evenings and weekends) and have a windows-based computer and printer, land line phone, webcam, and internet.

For more details and qualifications about these positions, visit www.westat.com/jobs and enter Job ID number 7045HR - Vietnamese Bilingual.

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Brothers: People say lives are changed

From Page 1

ing the testimonials from customers who have seen similar success with the program as Darren Fitch himself.

"It almost brings tears to a guy's eyes when people say, 'I haven't felt this great in ages, you've changed my life,'" Darren Fitch said.

Healthy Systems USA's system is based on a spray used under the tongue which triggers the brain to release or metabolize about 2,000 calories of fat per day, according to the company's website.

After an initial three days of binging on high-calorie

foods, people on the program eat between 600 and 800 calories a day while also using the spray to trick the brain into not feeling hunger.

Men lose about a pound a day on the program and women lose somewhere between 0.5 and 0.75 pounds a day, according to Darren Fitch.

Early on, the company did not do much online business, but as they have grown, and so to has this part of their company.

Because many people want to keep their weight problems private, online sales give them an alternative to coming into the store

in person, Darren Fitch said.

Working with his brother has been a painless experience for Darren Fitch, who worked in sales for 15 years before joining Steve Fitch in the weight-loss business.

"You have your differences, but I think he's learned a lot from me and I've learned a lot from him," Darren Fitch said.

Expansion was possible for the company because of customer word-of-mouth and testimonials, Darren Fitch said.

The company is aiming to open its next location in Rochester in the first few months of 2014.

Y's Folk plan 23rd annual Christmas cookie sale

For The Journal

The Y's Folks 23rd annual Christmas cookie sale starts at 6 a.m. on Dec. 4 at the YMCA. Shop early for the best selection on homemade Krumkake, Rosettes, Sandbakkles, and other holiday favorites.

Tip the Season

- Honeycrisp Apples
- Texas Red Grapefruit
- California Navel Oranges
- Our Minnesota Gift Baskets
- Fresh Cut Local Christmas Trees

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The Fun Place to Shop!

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